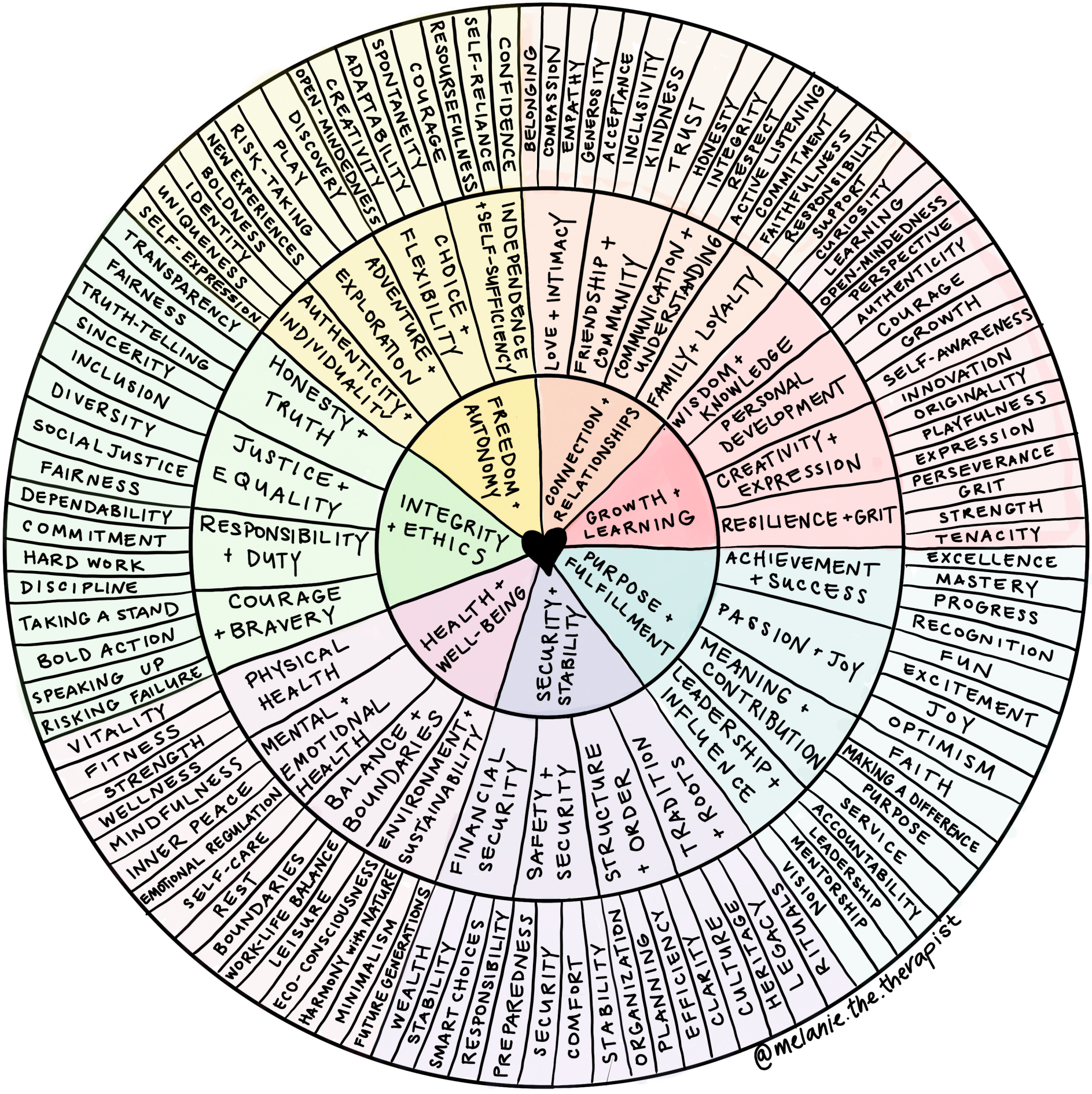
FREEDOM + AUTONOMY
CONNECTION + RELATIONSHIPS
GROWTH + LEARNING
PURPOSE + FULFILLMENT
SECURITY + STABILITY
HEALTH + WELL-BEING
INTEGRITY + ETHICS
INDEPENDENCE + SELF-SUFFICIENCY
CHOICE + FLEXIBILITY
ADVENTURE + EXPLORATION
AUTHENTICITY + INDIVIDUALITY
LOVE + INTIMACY
FRIENDSHIP + COMMUNICATION + UNDERSTANDING
FAMILY + LOYALTY
WISDOM + KNOWLEDGE
PERSONAL DEVELOPMENT
CREATIVITY + EXPRESSION
RESILIENCE + GRIT
ACHIEVEMENT + SUCCESS
PASSION + JOY
MEANING + CONTRIBUTION
LEADERSHIP + INFLUENCE
TRADITION + ROOTS
STRUCTURE + ORDER
SAFETY + SECURITY
FINANCIAL SECURITY
BALANCE + BOUNDARIES
ENVIRONMENT + SUSTAINABILITY
MENTAL + EMOTIONAL HEALTH
PHYSICAL HEALTH
COURAGE + BRAVERY
RESPONSIBILITY + DUTY
JUSTICE + EQUALITY
HONESTY + TRUTH
CONFIDENCE
SELF-RELIANCE
RESOURCEFULNESS
COURAGE
SPONTANEITY
ADAPTABILITY
CREATIVITY
OPEN-MINDEDNESS
DISCOVERY
PLAY
RISK-TAKING
NEW EXPERIENCES
BOLDNESS
IDENTITY
UNIQUENESS
SELF-EXPRESSION
TRANSPARENCY
FAIRNESS
TRUTH-TELLING
SINCERITY
INCLUSION
DIVERSITY
SOCIAL JUSTICE
FAIRNESS
DEPENDABILITY
COMMITMENT
HARD WORK
DISCIPLINE
TAKING A STAND
BOLD ACTION
SPEAKING UP
RISKING FAILURE
VITALITY
FITNESS
STRENGTH
WELLNESS
MINDFULNESS
INNER PEACE
EMOTIONAL REGULATION
SELF-CARE
REST
BOUNDARIES
WORK-LIFE BALANCE
LEISURE
ECO-CONSCIOUSNESS
HARMONY WITH NATURE
MINIMALISM
FUTURE GENERATIONS
WEALTH
STABILITY
SMART CHOICES
RESPONSIBILITY
PREPAREDNESS
SECURITY
COMFORT
STABILITY
ORGANIZATION
PLANNING
EFFICIENCY
CLARITY
CULTURE
HERITAGE
LEGACY
VISION
RITUALS
MENTORSHIP
ACCOUNTABILITY
LEADERSHIP
SERVICE
PURPOSE
MAKING A DIFFERENCE
FAITH
OPTIMISM
JOY
EXCITEMENT
FUN
RECOGNITION
PROGRESS
MASTERY
EXCELLENCE
TENACITY
STRENGTH
GRIT
PERSEVERANCE
EXPRESSION
PLAYFULNESS
ORIGINALITY
INNOVATION
SELF-AWARENESS
GROWTH
COURAGE
AUTHENTICITY
PERSPECTIVE
OPEN-MINDEDNESS
LEARNING
CURIOSITY
SUPPORT
RESPONSIBILITY
FAITHFULNESS
COMMITMENT
ACTIVE LISTENING
RESPECT
INTEGRITY
HONESTY
TRUST
KINDNESS
INCLUSIVITY
ACCEPTANCE
GENEROSITY
EMPATHY
COMPASSION
BELONGING
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